Courtney Chominski

Genre 2

Poem

**What Do I Have To Live For?**

What do I have to live for when all I feel is pain?

What do I have to live for when all I do is cry?

What do I have to live for when I can never feel loved?

There are no words that can explain how I feel

Gloomy, Alone, Worthless, Helpless, lost

These words do no justice to this uninvited monster that took over my body

What do I have to live for when I wish my life would end?

What do I have to live for when a smile is a distant stranger?

What do I have to live for when I can never feel better?

I watch my hand move in motions as I write these words

I watch with anger

My feelings are locked in a cage buried deep inside

I lost the key and it is never to be found

What do I have to live for when my mother does not understand me?

What do I have to live for when my mom cries every night because I won’t talk?

What do I have to live for when I feel like a stranger in my own family?

I am screaming out for help

No one can hear me

I am waving my arms frantically

No one can see me

I am attempting to write down my emotions

No one can understand me

What do I have to live for when I hate everyone?

What do I have to live for when I hate my best friend?

What do I have to live for when I hate myself?

Why can’t I escape this unbearable pain?

It is tearing me up inside and never letting me run free

I am playing this game with depression

I am losing

What do I have to live for when all my time consists of thoughts of suicide?

What do I have to live for when the one thing I want most is to leave this earth?

What do I have to live for when I know I don’t deserve to live?

**Characteristic and Criteria for Poem**

**Characteristic Criteria**

Font Handwritten

Mood Emotional, Expressive, Vulnerable

Language Words that are depressing and have a negative meaning

Format Periods at the end of sentences are not necessary, Free verse

Page Setup Have crossed out words, tear drops that smear some words, not neat, have some rips in the paper.